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RSM Messenger

April 2015

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Mayor

Brad McGirr

Mayor Pro Tempore

Tony Beall

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Mike Vaughn

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City Manager's Message

Spring has arrived in the City of Rancho Santa Margarita, and with it comes longer days, warmer weather, students enjoying spring break activities and the anticipation of summer. I'd like to invite you to take advantage of all the recreation and outdoor activities that our community has to offer. Each year, on April 22, we celebrate the observance of Earth Day. I urge you and your family to take the time to enjoy the fresh air, contact with the soil, and companionship with nature! Explore one of the many local trails in search of emerging wildflowers and new vegetation. Go outside, and enjoy "*Another perfect day in Rancho Santa Margarita!*"

Sincerely,
Jennifer M. Cervantez



Summer Camp Registration begins

April 1, 2015

Remember the fun of summer when you were a kid? Exploring the outdoors, spending time with friends, playing games and splashing in the pool? The City of Rancho Santa Margarita offers a variety of day camp experiences for children of all ages. Our camps create an exciting, safe environment for your kids to have an unforgettable summer of fun. And while they're taking part in unique experiences and adventures, they're also building self-esteem, developing interpersonal skills and making lasting friendships and memories. Summer is just around the corner, register today!

Registration may be completed online at cityofrsm.org, in person at the Community Center, or by mail. For more information, call Community Services at (949) 216-9700.





[website](#)

Try A Recreation Class or Activity For Free

"Try It Before You Buy It" runs through May 14, 2015.



The City of Rancho Santa Margarita's Community Services Department is once again offering its "Try It Before You Buy It" program, which allows participants to sample a class and pay for the series if they wish to continue.

Class dates and times vary; for a complete listing of classes, which range from Princess Ballet, Karate, digital publishing, and fitness classes including yoga and Zumba, visit our [website](#) or contact the Community Services Department at (949) 216-9700.

City Council Meetings

Held on the second and fourth Wednesdays at 7 p.m. in the Council Chambers at City Hall. 22112 El Paseo
Rancho Santa Margarita, CA

Community Living Magazine



[Register Now](#)

**for Recreation Classes
at the Bell Tower**

Regional Community Center

FREE Household Hazardous Waste Disposal

Keeping hazardous materials out of landfills reduces potential pollution liability and protects groundwater. Orange County residents can dispose of their Household Hazardous Waste items for FREE at any of the County's four Household Hazardous Waste Collection Centers.

Please click [here](#) for more information regarding Household Hazardous Waste, including a list of common items you can take to your local collection center.

Hours of Operation:

9:00 a.m. - 3:00 p.m. Tuesday through Saturday

(closed on major holidays and during rainy weather)

Locations

San Juan Capistrano Collection Center
32250 La Pata Avenue
San Juan Capistrano, CA 92675

Irvine Collection Center
6411 Oak Canyon
Irvine, CA 92618

Anaheim Collection Center
1071 N. Blue Gum Street
Anaheim, CA 92806

Huntington Beach Collection Center
17121 Nichols Street
Huntington Beach, CA 92647



E-Waste and Document Shredding Event

FREE Electronic Waste and Document Shredding Event



**Saturday, May 9
8:00 a.m. - Noon
City Hall Parking Lot
22112 El Paseo, RSM 92688**

RSM residents are encouraged to dispose of unwanted electronic items (no appliances or fluorescent light tubes) in an environmentally safe manner at this free collection event. Document shredding will also be available, limit 10 file size boxes per household. For a detailed informational flyer click [here](#).



Disaster Preparedness

Consider the unique needs of children, seniors, and individuals with disabilities or access and functional needs when preparing a disaster or emergency plan.



Children

It is important that children be included in the disaster preparedness process. Have your children assist in assembling their disaster go-kit and involve them in writing the family preparedness plan. Go over the potential hazards and discuss what they should do when disaster strikes i.e. who to contact, where to meet, what to expect if they are at school, etc.

The CA Department of Public Health [website](#) has tips on caring for infants and young children during a disaster.

Check out [Ready.gov](#) for fun and interactive online disaster preparedness games for kids.

Seniors

Seniors should consider taking additional steps to be prepared depending on their health and needs during a disaster. [ReadyOC](#) recommends the following:

- Make a list of prescription medicines including dosage, treatment and allergy information. Talk to your pharmacist or doctor about what else you need to prepare.
- Consider other personal needs such as eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries, and oxygen.
- Identify the items you use daily and think about what you might do if they became limited or unavailable.
- If you undergo routine treatments administered by a clinic or hospital or if you receive regular services such as home health care, treatment or transportation, talk to your service provider about their emergency plans. Work with them to identify back-up service providers and incorporate them into your personal support network.
- Make sure everyone in your support network knows where you keep your emergency kit and plan. Plan in advance for a temporary place to stay, in case you are forced to evacuate.
- Know the safest places in your home for each type of emergency. Determine the best escape routes from your home.
- Pets are typically not allowed in evacuation shelters for health reasons. If you own a pet, plan ahead to make arrangements. Contact Orange County Animal Care for alternative [pet evacuation](#) options.
- Create an emergency preparedness buddy plan (include attendants, readers, interpreters, family, friends, neighbors) with people who know about your medications, how to operate assistive technology devices and the location of your emergency supply kits.
- Know where all of your medical, insurance and other emergency documents are located, and make sure they can be accessed quickly.

Disabilities or Access & Functional Needs

Individuals with disabilities or access and functional needs may need to take additional steps to be prepared. [ReadyOC](#) recommends the following:

- Wear medical alert tags or bracelets to help identify your disability, especially if you have a communication disability.
- Make a list of prescription medicines including dosage, treatment and allergy information. Talk to your pharmacist or doctor about what else you need to prepare.
- Add disability-specific items to your emergency supply kits such as extra medication, food, water, batteries and battery chargers for assistive technology devices. Carry emergency health information at all times including details about your disability, medications, allergies, assistive technology devices, durable medical equipment.
- If you have a service animal or pet, make sure that it has an identification tag or has been micro-chipped.
- Create an emergency preparedness buddy plan (include attendants, readers, interpreters, family, friends, neighbors) with people who know about your medications, how to operate assistive technology devices and the location of your emergency supply kits.
- Know where all of your medical, insurance and other emergency documents are located, and make sure they can be accessed quickly.

Visit [ReadyOC](#) for resources and tools to help everyone prepare for disasters!

Low Cost Pet Vaccination Clinics

1st Wednesday of the month
6:30 p.m. - 7:00 p.m. (Cats only)
7:00 p.m. - 8:30 p.m. (Dogs & Cats)

INFO: (714) 993-9193

www.scvvc.webs.com



Bring your cat or dog for low cost vaccinations from the Society for California Veterinary Vaccine Care and pet licensing from OC Animal Care. Cash or credit card (\$3 processing fee) is the only forms of payment accepted. AVID micro identification chips are also available which includes the registration and continuous, 24/7 lifetime monitoring.

Important Rabies Information

If you have a prior Rabies vaccine certificate, license tag or license renewal notice for your pet, please bring it with you to the clinic.

Vaccines for dogs include:

Rabies	\$ 7.00
DAP/DHPP	\$19.00
Bordetella	\$14.00
Lyme	\$22.00
Microchip	\$ 28.00

\$2.00 hazardous materials disposal fee per pet

Vaccines for cats include:

FVRCP "3-in-1"	\$18.00
FELV	\$21.00
Purevax	\$20.00
Lyme	\$22.00
Microchip	\$28.00

\$2.00 hazardous materials disposal fee per pet

Prices are subject to change.

April Recreation Highlights

To register for these and other classes, visit Community Services on the City's website at www.cityofrsm.org/classregistration.

Summer Camp Registration starts TODAY!!! (April 1)

Beginning Guitar

\$99/ 5 Classes

Learn how to play your favorite songs in a friendly and supportive environment. You will learn easy chords, fun strum styles and many popular and classic songs. Bring your own acoustic or electric guitar to class. Class is repeatable. Ages: 10 yrs. & up.

Instructor: Ron Gorman

120901 01 T April 28 - May 26 7:00 p.m. - 8:00 p.m.

Beginning Ukulele

\$99/ 5 Classes

Learn how to play current and classic songs on the ukulele. You will learn easy chords, how to read tablature and how to play different strum styles. No previous experience is required; please bring your own ukulele to class. Ages: 10 yrs. & up.

Instructor: Ron Gorman

120916 01 T April 28 - May 26 6:00 p.m. - 7:00 p.m.

Karate

\$98/ per month

Youth Beginning Karate 4:15 p.m. - 5:00 p.m.

This class will cover basic blocking and self-defense. Class is conducted in a traditional manner with emphasis on protocol and etiquette.

Ages: 6-12 yrs.

Youth Advanced Karate* 5:00 p.m. - 5:45 p.m.

This class will go more in-depth in the study of Karate and will include traditional Karate as well as preparation for National and International competition for the students who want to compete.

Ages 8-12 years

Adult Karate* 5:45 p.m. - 6:45 p.m.

This class will cover all aspects of Karate, the lecture portion of class is designed for individuals ages 13 yrs. & up. No Class: 5/25

Instructor: Robert McDonough

120202 02 M,T,Th April 2 - April 30 4:15 p.m. - 6:45 p.m.

***Placement in this class is up to the discretion of Sensei McDonough**

College Knowledge

\$78/ 4 Classes

This course is intended to provide necessary tools to plan and apply to colleges/universities. Students will explore the various post-secondary educational opportunities in California and out-of-state. This course will introduce students to various college advising concepts such as financial aid, college entrance exams and college search tools. At the end of the course, students will be better prepared to tackle the college application process of searching and applying to college/universities as well as understanding financial aid and scholarships.

Ages: 14-18 yrs.

Instructor: College Knowledge Consultants

130765 02 W April 1 - April 29 7:30 p.m. - 6:45 p.m.

PM Yoga

End your day with the practice of yoga, in a supportive and encouraging environment. Build strength, flexibility, and balance while exploring various postures. Connecting breath and movement brings calmness of mind, stress release, and enables us to function better both on and off the mat. We end this class with relaxation to aid in a restful night's sleep.

Ages: 18 yrs. & up. No Class: 5/12 & 5/14

Instructor: Roz Maissy

140212 01 T April 7 - June 16 6:00 p.m. - 7:00 p.m.

140212 02 Th April 9 - June 18 6:30 p.m. - 7:30 p.m.

Let's Shimmy! Belly Dance for Fitness

\$78/ 6 Classes

Shimmy your way to fitness while learning the exotic art of belly dance. Learn authentic style belly dance technique in this fun, non-competitive class. Class will cover hip shimmies, arm work, undulations and even flying a silk veil. Bring a hipscarf or purchase one in class. Have fun and get in shape! No dance experience necessary.

Ages: 18 yrs. & up.

Instructor: Christine O'Nan

160416 02 T April 21 - May 26 7:00 p.m. - 8:00 p.m.



Rancho Santa Margarita Civic and Community Center